

OUR PERSONAL MEDICINE

Heart of the Shaman

an original workshop by Amanda Foulger

Nov. 8 & 9, 2014 - 10 a.m. to 5 p.m.

Boulder, CO



The heart is central to the shamanic path and to all shamanic work. We will explore some of its spiritual, physical, mental and emotional qualities via core shamanic methods, medical and scientific information and other experiential work. We will honor the heart's inspiration with poetry and lore from various cultures and spiritual traditions. Our purpose is for healing, growth, learning and empowerment to benefit ourselves and all life in this time of great planetary transformation.



Amanda Foulger is a full-time Shamanic Practitioner based in Topanga, CA. She has studied with various healers and spiritual teachers for over thirty years and has trained with The Foundation for Shamanic Studies since 1988. A FSS Faculty Member, she teaches their weekend workshops in Los Angeles, Santa Barbara and Colorado. In 2014 and 2015 she begins teaching the FSS West Coast Three-Year and Two Week Programs.



FSS The Way of the Shaman (The Basic Workshop), or practice in core shamanic journey skills are required.



INFORMATION & REGISTRATION:

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